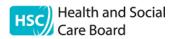


NI Formulary: Chapter 6 Endocrine

Please refer to the full version of the Formulary for further advice and information.

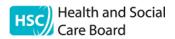
Therapeutic Area	Drug choice
Insulins	Apidra®
Rapid (analogue)	Fiasp [®]
Immediate with food	Humalog® (100,200)
	Novorapid [®]
Insulins	Actrapid [®]
Short	Humulin S [®]
15 to 30 mins before food	
Insulins	Humulin I®
Intermediate (Isophane)	
Same time every day	
Insulins	Abasaglar [®]
Long (analogue)	Lantus®
Same time every day	Toujeo [®]
	Tresiba® (100,200)
Insulins	Harris de calle Calledon Adire des esta
Biphasic	Humalog® Mix (25,50)
Up to 15 mins before food	Novomix® 30
Insulins Biphasic Isophane	Humulin® M3
Up to 30 mins before food	
Biguanides	1 Metformin tablets 500mg
Sulfonlyureas	Gliclazide tablets 40mg, 80mg
Dipeptidyl peptidase-4 inhibitor	Sitagliptin tablets 25mg, 50mg, 100mg
(DPP-4 inhibitors)	3, 3, 3
,	2 Linagliptin tablets 5mg
Glitazones (thiazolidinediones)	1 Pioglitazone tablets 15mg, 30mg, 45mg
Sodium-glucose co-transporter 2	1 Canagliflozin 100mg, 300mg tablets
(SGLT-2) inhibitors	Dapagliflozin 10mg tablets
	1 Empagliflozin 10mg, 25mg tablets
GLP-1 mimetic (injectable)	1 Daily injection: liraglutide (Diavic®) injection 6mg/mL 3ml
	pre-filled pens
Prescribe by brand name	Markly injection.
	Weekly injection: 1 Dulaquitide (Trulicity®) 0.75mg/0.5ml, 1.5mg/0.5ml
	Dulaglutide (Trulicity®) 0.75mg/0.5ml, 1.5mg/0.5ml, 3mg/0.5ml and 4.5mg/0.5ml solution for injection pre filled
	pens or
	Semaglutide (Ozempic®) 0.25mg/0.19ml, 0.5mg/0.37ml,
	1mg/0.74ml solution for injection pre-filled pens
	1 Oral tablets: Semaglutide (Rybelsus®) 3mg, 7mg 14mg
	tablets
Treatment of hypoglycaemia	1 Glucose (oral) or
	GlucaGen® Hypokit 1mg powder and solvent for solution
	for injection (glucagon)
	Glucose intravenous infusion
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NI Formulary: Chapter 6 Endocrine

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Therapeutic Area		Drug choice
Hypothyroidism	1	Levothyroxine tablets 25micrograms, 50micrograms, 100 micrograms
Hyperthyroidism a) Antithyroid drugs b) Beta-blockers	1 1 1	Carbimazole tablets 5mg, 20mg To be initiated on specialist advice Propranolol tablets 10mg, 40mg Propranolol MR capsules 80mg, 160mg
Corticosteroids a) Replacement therapy	1	Replacement therapy (mineralocorticoid) Fludrocortisone tablets 100micrograms Glucocorticoid therapy Hydrocortisone tablets 10mg
b) Glucocorticoid therapy		Prednisolone tablets 1mg, 5mg or Dexamethasone tablets 500micrograms, 2mg; injection 3.8mg/mL; injection 3.3mg/mL or Hydrocortisone sodium succinate 100mg powder and solvent for solution for injection vials or Methylprednisolone tablets 2mg, 4mg, 16mg, 100mg Methylprednisolone sodium succinate (Solu-Medrone®) powder and solvent for injection vials 40mg, 125mg, 500mg, 1g Intramuscular depot: Methylprednisolone acetate (Depo- Medrone®) suspension for injection vials 40mg/mL, 80mg/2mL, 120mg/3mL
HRT for menopausal symptoms a) Women who have not had a hysterectomy	1	Sequential combined (oral) Elleste-Duet® 1mg, 2mg tablets (estradiol and norethisterone) or Femoston® 1/10, 2/10 tablets (estradiol and dydrogesterone)
	0	Sequential combined (transdermal) Evorel® Sequi patches: (combination pack of 4 Evorel® 50 patches [estradiol 50micrograms/24hours] and 4 Evorel® Conti patches [estradiol 50micrograms/24hours]) and norethisterone acetate 170micrograms/24hours) Continuous combined (oral) Bijuve® 1mg/100mg capsules (estradiol 1mg and progesterone 100mg)
	1	Femoston® conti 0.5mg/2.5mg tablets; 1mg/5mg tablets (estradiol and dydrogesterone) Indivina® 1mg/2.5mg tablets;1mg/5mg tablets; 2mg/5mg tablets (estradiol and medroxyprogesterone acetate) Note: only licensed when LMP occurred over 3 years previously
	1	Kliofem® tablets (estradiol 2mg and norethisterone 1mg)



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Therapeutic Area	Drug choice
	 Kliovance® tablets (estradiol 1mg and norethisterone 500micrograms) Continuous combined (transdermal) Evorel® Conti patches (estradiol 50micrograms/24hours and norethisterone 170micrograms/24hours (matrix patch)
suitable levonorgestrel intrauterine	Unopposed oestrogens (oral) Elleste-Solo® 1mg, 2mg (estradiol) tablets or Zumenon® 1mg, 2mg (estradiol) tablets
system (LNG IUS) in situ for < 5 years	Unopposed oestrogens (transdermal) Evorel® patches 50micrograms (or 25micrograms, 75micrograms, 100micrograms/24 hours) (estradiol)
	Unopposed oestrogens spray Lenzetto ®1.53mg/dose transdermal spray Unopposed oestrogens gel Oestrogel® 0.06% gel or Sandrena® gel sachets 500mcg, 1mg
Drugs for the treatment and	Adcal-D3 [®] Caplets (750mg/200IU) or
(a) Calcium and Vitamin D	Accrete D3® film-coated tablets (600mg/400IU) or Accrete D3® One a Day Chewable Tablets (1000 mg / 880 IU) Adcal-D3® Dissolve effervescent tablets (1500mg /400IU) Reserve for swallowing difficulties
`	1 Alendronic acid tablets 70mg or 1 Risedronate sodium tablets 35mg
Acromegaly	The primary treatment of acromegaly is usually pituitary surgery. Management and treatment requires specialist involvement. Please refer to 'Prescribing Notes' in full version of formulary.