

NI Formulary: Chapter 3 Respiratory System

Please refer to the full version of the Formulary for further advice and information including carbon footprint.

Therapeutic Area	Drug choice
Short-acting beta₂ agonists (SABA)[Asthma & COPD]	<p>Prescribe DPIs by brand name</p> <p>Salbutamol DPI</p> <p>① Refer to BNF for full list of salbutamol DPI products, e.g. Easyhaler® Salbutamol, Salbulin® Novolizer, Ventolin Accuhaler®</p> <p>Terbutaline DPI</p> <p>① Bricanyl Turbohaler® DPI 500 micrograms/metered inhalation</p> <p>Salbutamol MDI</p> <p>① Salamol® (MDI) 100micrograms/ metered inhalation or</p> <p>① Salamol Easi-Breathe® (breath-actuated MDI) 100micrograms/ metered inhalation</p>
If a MDI is required	
Long-acting beta₂ agonists (LABA)[COPD only]	<p>Formoterol fumarate DPI</p> <p>① Formoterol Easyhaler® 12micrograms/dose or</p> <p>① Formoterol fumarate MDI 12micrograms/metered inhalation</p> <p>Salmeterol DPI</p> <p>① Serevent® (salmeterol) 50micrograms/dose Accuhaler DPI or</p> <p>① Salmeterol MDI 25micrograms/metered inhalation</p>
If a MDI is required	
Long-acting antimuscarinic bronchodilator[COPD]	<p>Tiotropium</p> <p>① Acopair® 18microgram inhalation powder capsules with NeumoHaler® -Cost effective choice Or</p> <p>① Tiogiva® 18microgram inhalation powder capsules with device - Cost effective choice Or</p> <p>① Spiriva Respimat® 2.5microgram, inhalation solution</p> <p>Aclidinium</p> <p>① Eklira Genuair® ▼DPI 322micrograms/dose</p> <p>Glycopyrronium</p> <p>① Seebri Breezhaler®DPI 44 microgram inhalation powder caps with device</p> <p>Umeclidinium</p> <p>① Incurve Ellipta® ▼ 55micrograms/dose DPI</p>
Short-acting antimuscarinic bronchodilator[COPD]	<p>Ipratropium</p> <p>① Ipratropium bromide MDI 20micrograms/metered inhalation</p>
Theophylline	<p>① Uniphyllin Continus® m/r tablets 200mg, 300mg</p>

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LABA/LAMA combination inhalers [COPD only] <i>If a MDI is required</i>	Aclidinium/formoterol ① Duaklir Genuair® ▼ DPI 340/12 Indacaterol/glycopyrronium ① Ultibro Breezhaler® DPI 85/43 inhalation powder capsules with device Tiotropium/olodaterol ① Spiolto Respimat® soft mist 2.5/2.5 inhalation Umeclidinium/vilanterol ① Anoro Ellipta ® ▼ DPI 55/22 Glycopyrronium/Formoterol ① Bevespi Aerosphere 7.2/5 micrograms pressurised inhalation
Inhaler devices, peak flow meters and nebulisers	See 3.1.5
Corticosteroids Single agent inhalers [Asthma only] <i>If a MDI is required</i>	Beclometasone DPI ① Easyhaler® Beclometasone 200micrograms/dose Budesonide DPI ① Easyhaler® Budesonide 100, 200 or 400 micrograms/dose Prescribe DPIs by brand Beclometasone MDI ① Soprobec® 50, 100, 200 or 250 micrograms/metered inhalation Cost effective choice Or ① Clenil Modulite® 50,100, 200 or 250 micrograms/metered inhalation
Compound ICS/LABA Preparations – [Asthma] <i>If a MDI is required</i>	Beclometasone/formoterol ① Fostair NEXThaler® DPI 100/6; 200/6 or ① Luforbec® MDI 100/6, 200/6- cost effective choice or ① Fostair® MDI 100/6; 200/6 Budesonide/formoterol ① Fobumix® Easyhaler DPI 80/4.5; 160/4.5; 320/9 cost effective choice or ① DuoResp Spiromax ® DPI 160/4.5; 320/9 or ① Symbicort Turbohaler® DPI 100/6; 200/6; 400/12

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If a MDI is required	<p>Fluticasone propionate/salmeterol</p> <p>① Fixkoh Airmaster® DPI 100/50, 250/50, 500/50 Cost-effective choice or</p> <p>① Seretide Accuhaler® DPI 100/50; 250/50; 500/50 or</p> <p>Use a cost-effective combination MDI e.g. Combisal® or Avenir®</p> <p>Fluticasone furoate/ vilanterol</p> <p>① Relvar Ellipta® DPI 92/22; 184/22</p>
Compound ICS/LABA Preparations – [COPD] If a MDI is required	<p>Beclometasone/Formoterol</p> <p>① Fostair NEXThaler® DPI 100/6 or</p> <p>① Luforbec® MDI 100/6 - cost effective choice Or</p> <p>① Fostair® MDI 100/6 <i>NB: the 200/6 strength of beclometasone/formoterol is not licensed for COPD</i></p> <p>Budesonide / formoterol</p> <p>① Fobumix® Easyhaler DPI 160/4.5; 320/9 -cost effective choice or</p> <p>① DuoResp Spiromax ® DPI 160/4.5; 320/9 or</p> <p>① Symbicort Turbohaler® DPI 200/6; 400/12</p> <p>Fluticasone furoate/ vilanterol</p> <p>① Relvar Ellipta®DPI 92/22 <i>NB: the 184/22 strength is not licensed for COPD</i></p>
Triple Therapy Inhalers (COPD)	<p>Beclometasone/formoterol/glycopyrronium</p> <p>① Trimbow® NEXThaler DPI 88/5/9 Or</p> <p>① Trimbow® MDI 87/5/9 <i>NB - the higher strength MDI 172/5/9 is not licensed for use in COPD</i></p> <p>Fluticasone furoate/vilanterol/umeclidinium</p> <p>① Trelegy® Ellipta DPI 92/55/22</p> <p>Budesonide/formoterol/glycopyrronium</p> <p>① Trixeo® Aerosphere MDI 5/7.2/160</p>
Leukotriene receptor antagonists	<p>① Montelukast tablets 10mg</p>
Antihistamines <u>Encourage self-care and purchase OTC</u>	<p>① Cetirizine tablets 10mg</p> <p>① Loratadine tablets 10mg</p>
Intranasal corticosteroids	<p>① Mometasone 50 micrograms/dose nasal spray (140 dose)</p>

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	2 Fluticasone furoate 27.5 micrograms/dose nasal spray (120 dose)
Allergic emergencies - Patient Use <i>(Ensure patient is trained on use of device prescribed)</i>	1 EpiPen® Auto-injector 0.3mg (delivering a single dose of adrenaline 300micrograms) <i>Or</i> 1 Jext® 300 micrograms adrenaline auto-injector (delivering a single dose of adrenaline 300micrograms)
Allergic emergencies - Healthcare professional use	1 Adrenaline 1 in 1000 (1mg/ml) injection (1ml ampoules)
Mucolytics (COPD)	1 Carbocisteine capsules 375mg <i>Or</i> 1 Acetylcysteine 600mg effervescent tablets sugar free <i>Note: acetylcysteine 600mg capsules are very high cost - avoid where possible</i>