

NI Formulary: Chapter 10 Musculoskeletal and Joint Diseases

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
NSAIDs	<ul style="list-style-type: none"> 1 Ibuprofen tablets 200mg, 400mg or 1 Naproxen tablets (plain tablets, not e/c) 250mg, 500mg 2 Second line choice is not definitive and will depend on individual patient factors and CV, GI and/or renal safety factors of individual NSAIDs. <p>Celecoxib 100mg, 200mg capsules-refer to prescribing notes in the formulary for more information</p>
Systemic corticosteroids	<ul style="list-style-type: none"> 1 Oral Prednisolone tablets 1mg, 2.5mg, 5mg (standard release) Note: soluble tablets are high cost 1 Parenteral <i>Intramuscular depot injection</i> : methylprednisolone acetate (Depo-Medrone®) vials 40mg/mL, 80mg/2mL, 120mg/3mL or <i>Intramuscular injection</i>: triamcinolone acetonide (Kenalog® Intra-articular/Intramuscular) 40mg/mL or <i>Intravenous injection</i>: methylprednisolone (as sodium succinate) (Solu-Medrone®) vials 40mg, 125mg, 500mg, 1g, : slow intravenous injection or infusion
Local corticosteroid injections	<ul style="list-style-type: none"> 1 <i>Intra-articular injection</i>: Methylprednisolone acetate (Depo-Medrone®) vials 40mg/mL, 80mg/2mL, 120mg/3mL or 1 Triamcinolone acetonide (Adcortyl® Intra-articular) injection 50mg/5ml, (Kenalog® Intra-articular) injection 40mg/mL
Acute attacks of gout	<ul style="list-style-type: none"> 1 NSAID (see 10.1.1 in the formulary for choices) or 1 Colchicine tablets 500 micrograms 2 Prednisolone 5mg tablets [off-label]
Urate lowering therapy	<ul style="list-style-type: none"> 1 Allopurinol tablets 100mg, 300mg or 1 Febuxostat f/c tablets 80mg, 120mg
Topical NSAIDs	<ul style="list-style-type: none"> 1 Ibuprofen 5% gel 2 Piroxicam 0.5% gel