

NI Formulary: Chapter 11 Eye

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
Chronic Open Angle Glaucoma - First Line Treatments	<p>1 <u>Prostaglandin analogue</u> Latanoprost 50micrograms/mL 2.5mL eye drops (generic)</p> <p>1 <u>Beta-Blocker</u> Timolol 0.25%, 5mL eye drops (generic) Timolol 0.5%, 5mL eye drops (generic)</p>
Chronic Open Angle Glaucoma - Other treatment options	<p>2 <u>Carbonic anhydrase inhibitor</u> Brinzolamide 10mg/ml, 5mL eye drop</p> <p>2 <u>Sympathomimetic</u> Brimonidine tartrate 0.2%, 5mL eye drop (generic)</p>
<p>Simple dry eye can be managed by providing a PIL, directing the patient to self-care and to purchase dry eye lubricants over-the-counter</p>	
1st line: Majority of primary care patients	<p>1 Hypromellose 0.3% Or Carbomer 980 0.2% If frequency >4 times daily consider a preservative free PF) formulation. Cost effective products include; AddTear Hypromellose 0.3% PF</p>
<p>If no satisfactory improvement from 1st line choices within 4-6 weeks:</p>	
2nd line	<p>2 Carmellose sodium eye drops preservative free Cost-effective products include; Eyeaze® Carmellose 1% OR 2 Sodium hyaluronate eye drops preservative free Cost-effective products include: Eyeaze 0.1%, 0.2%, 0.4% (sodium hyaluronate) <u>contains phosphate</u> Consider referral if no satisfactory improvement from 2nd line choices within 4-6 weeks</p>