

## NI Formulary: Chapter 1 Gastro-Intestinal System

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
<b>Antacid/Simeticone</b>	① <b>Co-magaldrox</b> 195/220 (Mucogel® suspension)
<b>Compound Alginate</b>	① <b>Peptac</b> ® suspension
<b>Antispasmodic</b>	① <b>Mebeverine</b> tablets 135mg or ② <b>Peppermint oil</b> capsules (Mintec® enteric coated capsules)
<b>Motility Stimulant</b>	① <a href="#">See also anti-emetics NI Formulary Chapter 4.6</a>
<b>H2-receptor Antagonist</b>	① <b>Ranitidine</b> tablets 150mg, 300mg; effervescent tablets 150mg, 300mg; oral solution 75mg/5ml
<b>Proton pump Inhibitors</b>	① <b>Lansoprazole</b> capsules 15mg, 30mg or <b>Omeprazole</b> capsules 10mg, 20mg
<b>H. Pylori Eradication</b>	<b>No penicillin allergy</b> ① <b>Omeprazole</b> 20mg twice daily or <b>lansoprazole</b> 30mg twice daily + <b>amoxicillin</b> * 1g twice daily + <b>clarithromycin</b> * 500mg twice daily or <b>Omeprazole</b> 20mg twice daily or <b>lansoprazole</b> 30mg twice daily + <b>amoxicillin</b> * 1g twice daily + <b>metronidazole</b> * 400mg twice daily <b>Penicillin Allergy:</b> ① <b>Omeprazole</b> 20mg twice daily or <b>lansoprazole</b> 30mg twice daily + <b>metronidazole</b> 400mg twice daily + <b>clarithromycin</b> 250mg twice daily ② <a href="#">Refer to Public Health England guidance Test and treat for Helicobacter pylori in dyspepsia</a>
<b>Second choice for no penicillin allergy and penicillin allergy</b>	
<b>Acute Diarrhoea</b>	① <b>Oral rehydration therapy</b> (Dioralyte®) or <b>Loperamide</b> capsules 2mg; syrup 1mg/5ml
<b>Fistulating Crohn's disease</b>	① <b>Metronidazole</b> , 400mg tablets, 500mg tablets (orally) ; <b>Metronidazole as benzoate</b> 200mg/5ml suspension or <b>Ciprofloxacin</b> 500mg tablets, 250mg/5ml suspension
<b>Aminosalicylates - Acute Exacerbation of distal ulcerative colitis (proctitis / proctosigmoiditis) (Rectal Treatment)</b>  <b>Prescribe by brand</b>	① <b>Mesalazine enema</b> - 1st choice for distal (rectosigmoid) colitis as: <b>Salofalk</b> ® rectal foam (14 doses) or <b>Pentasa</b> ® Mesalazine Enema (1g/100ml) or OR <b>Mesalazine suppositories</b> 1g as: <b>Salofalk</b> ® 1g suppositories (cost-effective choice) <b>Pentasa</b> ® 1g suppositories

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Therapeutic Area	Drug choice
<b>Aminosalicylates - Acute Exacerbation of distal ulcerative colitis (proctitis / proctosigmoiditis) (Oral Treatment)</b> <u>Prescribe by brand</u>	<ol style="list-style-type: none"> <li>1 Oral mesalazine as:  <b>Octasa</b><sup>®</sup> MR tablets 400mg. 800mg  <b>Pentasa</b><sup>®</sup> m/r tablets 500mg, 1g; sachets 1g 2g or 4g  <b>Salofalk</b> (mesalazine m/r) granules 1.5g, 3g sachets</li> <li>2 <b>Prednisolone</b> 1mg, 5mg tablets (Add on therapy if insufficient response to 5- ASA monotherapy)</li> </ol>
<b>Aminosalicylates - Maintenance of remission of ulcerative colitis (Oral Treatment)</b> <u>Prescribe by brand</u>	<ol style="list-style-type: none"> <li>1 <b>Octasa</b><sup>®</sup> MR tablets 400mg. 800mg  <b>Pentasa</b><sup>®</sup> m/r tablets 500mg or sachets 1g 2g or 4g  <b>Salofalk</b> (mesalazine m/r) granules 500mg,1g, 1.5g, 3g sachets</li> </ol>
<b>Corticosteroids</b>	<ol style="list-style-type: none"> <li>1 <b>Prednisolone</b> 1mg, 5mg tablets  <b>Budesonide</b> 3mg capsules enclosing e/c granules (Budenofalk<sup>®</sup>)  <b>Budesonide</b> 3mg capsules enclosing e/c, m/r granules (Entocort<sup>®</sup>)  <b>Budesonide</b> 9mg m/r tablet (Cortiment<sup>®</sup>)</li> </ol>
<b>Steroid-sparing Treatment for Inflammatory Bowel Disease</b>	<ol style="list-style-type: none"> <li>1 <b>Azathioprine</b> tablets 25mg, 50mg or  <b>Mercaptopurine</b> 50mg tablets</li> </ol>
<b>Laxatives</b>	<ol style="list-style-type: none"> <li>1 <b>Ispaghula husk</b> (Fybogel<sup>®</sup> sachets)</li> <li>2 <b>Macrogol</b> Oral Powder, Compound (Laxido<sup>®</sup>)</li> <li>3 <b>Oral senna</b> tablets 7.5mg, syrup 7.5mg/5ml</li> </ol>
<b>Faecal Loading /Impaction of Rectum</b>	<ol style="list-style-type: none"> <li>1 <b>Macrogol</b> Oral Powder, Compound (Laxido<sup>®</sup>)</li> <li>2 <b>Glycerol</b> (glycerin) suppositories 4g or  <b>Bisacodyl</b> suppositories 10mg or  <b>Sodium citrate enema</b> (Micalax<sup>®</sup> micro-enema)  <b>Phosphate Enema</b> (Fleet<sup>®</sup> Ready-to-use Enema)</li> <li>3</li> </ol>
<b>Soothing Haemorrhoidal Preparations</b>	<ol style="list-style-type: none"> <li>1 <b>Anusol</b><sup>®</sup> cream, ointment or suppositories</li> <li>2 <b>Xyloproct</b><sup>®</sup> ointment (contains lidocaine 5%)</li> </ol>
<b>Compound Haemorrhoidal Preparation with Corticosteroid</b>	<ol style="list-style-type: none"> <li>1 <b>Anusol-HC</b><sup>®</sup> ointment or suppositories</li> <li>2 <b>Uniroid HC</b><sup>®</sup> ointment or suppositories</li> </ol>
<b>Management of Anal Fissures</b>	<ol style="list-style-type: none"> <li>1 <b>Glyceryl trinitrate</b> 0.4% rectal ointment (Rectogesic<sup>®</sup>)</li> </ol>
<b>Pancreatic Exocrine Insufficiency</b>	<ol style="list-style-type: none"> <li>1 <b>Creon</b><sup>®</sup> 40000 (providing protease (total) 1600 units, lipase 40000 units, amylase 25000 units)</li> </ol>