NI Formulary: Chapter 1 Gastro-Intestinal System

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area		Drug choice
Antacid/Simeticone	1	**Co-magaldrox** 195/220 (Mucogel® suspension)
Compound Alginate	1	**Peptac®** suspension
Antispasmodic	1	**Mebeverine** tablets 135mg or
	2	**Peppermint oil** 0.2ml gastro-resistant capsules
Motility Stimulant	1	See also anti-emetics NI Formulary Chapter 4.6
Proton pump Inhibitors	1	**Lansoprazole** capsules 15mg, 30mg or **Omeprazole** capsules 10mg, 20mg
H. Pylori Eradication		**No penicillin allergy**
	1	**Omeprazole** 20mg twice daily or **lansoprazole** 30mg twice daily + **amoxicillin** 1g twice daily + **clarithromycin** 500mg twice daily or **Omeprazole** 20mg twice daily or **lansoprazole** 30mg twice daily + **amoxicillin** 1g twice daily + **metronidazole** 400mg twice daily
		Penicillin Allergy:
	1	**Omeprazole** 20mg twice daily or **lansoprazole** 30mg twice daily +**metronidazole** 400mg twice daily+ **clarithromycin** 500mg twice daily
Second choice for no penicillin allergy and penicillin allergy	2	Refer to Public Health England guidance Test and treat for Helicobacter pylori in dyspepsia -See Here
Acute Diarrhoea	1	**Oral rehydration therapy** (Dioralyte®) or **Loperamide** capsules 2mg; syrup 1mg/5ml
Fistulating Crohn's disease	1	**Metronidazole**, 400mg tablets, 500mg tablets (orally) ; **Metronidazole as benzoate** 200mg/5ml suspension or **Ciprofloxacin** 500mg tablets, 250mg/5ml suspension
Aminosalicylates - Acute Exacerbation of distal ulcerative colitis (proctitis / proctosigmoiditis) (Rectal Treatment) ***Prescribe by brand where specified***	1	**Mesalazine enema** - 1st choice for distal (rectosigmoid) colitis as: **Mesalazine** 1g enema (1g/100ml) or **Salofalk®** rectal foam (14 doses) OR **Mesalazine suppositories** 1g as: **Octasa** 1g suppositories **Salofalk®** 1g suppositories

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Therapeutic Area	Drug choice
Aminosalicylates - Acute Exacerbation of distal ulcerative colitis (proctitis / proctosigmoiditis) (Oral Treatment) ***<u>Prescribe by brand</u>***	1 Oral mesalazine as: **Octasa®** MR tablets 400mg 800mg 1600mg **Pentasa®** m/r tablets 500mg, 1g; sachets 1g 2g or 4g **Salofalk** (mesalazine m/r) granules 1.5g, 3g sachets 2 **Prednisolone** 1mg, 5mg tablets (Add on therapy if insufficient response to 5- ASA monotherapy)
Aminosalicylates - Maintenance of remission of ulcerative colitis (Oral Treatment) ***<u>Prescribe by brand</u>***	1 **Octasa®** MR tablets 400mg 800mg 1600mg **Pentasa®** m/r tablets 500mg or sachets 1g 2g or 4g **Salofalk** (mesalazine m/r) granules 500mg,1g, 1.5g, 3g sachets
Corticosteroids	1 **Prednisolone** 1mg, 5mg tablets **Budesonide** 3mg capsules enclosing e/c granules (Budenofalk®) **Budesonide** 3mg capsules enclosing e/c, m/r granules (Entocort®) **Budesonide** 9mg m/r tablet (Cortiment®) Choice of budesonide preparation will depend on where in the GI tract the drug is released / licensed indications. Therefore products should be prescribed by brand
Steroid-sparing Treatment for Inflammatory Bowel Disease	1 **Azathioprine** tablets 25mg, 50mg or **Mercaptopurine** 50mg tablets, 20mg/ml oral suspension
Laxatives	1 **Ispaghula husk** (Fybogel® sachets) 2 **Macrogol** compound oral powder sachets 3 **Oral senna** tablets 7.5mg, syrup 7.5mg/5ml
Faecal Loading /Impaction of Rectum	1 **Macrogol** compound oral powder sachets 2 **Glycerol** (glycerin) suppositories 4g or **Bisacodyl** suppositories 10mg or **Sodium citrate enema** (Micralax® micro-enema) 3 **Phosphate Enema** (Fleet® Ready-to-use Enema)
Soothing Haemorrhoidal Preparations	1 **Anusol®** cream, ointment or suppositories 2 **Xyloproct®** ointment (contains lidocaine 5%)
Compound Haemorrhoidal Preparation with Corticosteroid	1 **Anusol-HC®** ointment or suppositories 2 **Uniroid HC®** ointment or suppositories
Management of Anal Fissures	1 **Glyceryl trinitrate** 0.4% rectal ointment (Rectogesic®)
Pancreatic Exocrine Insufficiency	1 **Creon®** 40000 (providing protease (total) 1600 units, lipase 40000 units, amylase 25000 units)