

NI Formulary: Chapter 1 Gastro-Intestinal System

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
Antacid/Simeticone	① Co-magaldrox 195/220 (Mucogel® suspension)
Compound Alginate	① Peptac® suspension
Antispasmodic	① Mebeverine tablets 135mg or ② Peppermint oil 0.2ml gastro-resistant capsules
Motility Stimulant	① See also anti-emetics NI Formulary Chapter 4.6
H2-receptor Antagonist	① Ranitidine tablets 150mg, 300mg; effervescent tablets 150mg, 300mg; oral solution 75mg/5ml
Proton pump Inhibitors	① Lansoprazole capsules 15mg, 30mg or Omeprazole capsules 10mg, 20mg
H. Pylori Eradication	No penicillin allergy ① Omeprazole 20mg twice daily or lansoprazole 30mg twice daily + amoxicillin 1g twice daily + clarithromycin 500mg twice daily or Omeprazole 20mg twice daily or lansoprazole 30mg twice daily + amoxicillin 1g twice daily + metronidazole 400mg twice daily Penicillin Allergy: ① Omeprazole 20mg twice daily or lansoprazole 30mg twice daily + metronidazole 400mg twice daily+ clarithromycin 500mg twice daily ② Refer to Public Health England guidance Test and treat for Helicobacter pylori in dyspepsia - See Here
Second choice for no penicillin allergy and penicillin allergy	
Acute Diarrhoea	① Oral rehydration therapy (Dioralyte®) or Loperamide capsules 2mg; syrup 1mg/5ml
Fistulating Crohn's disease	① Metronidazole , 400mg tablets, 500mg tablets (orally) ; Metronidazole as benzoate 200mg/5ml suspension or Ciprofloxacin 500mg tablets, 250mg/5ml suspension
Aminosalicylates - Acute Exacerbation of distal ulcerative colitis (proctitis / proctosigmoiditis) (Rectal Treatment)	① Mesalazine enema - 1st choice for distal (rectosigmoid) colitis as: Salofalk® rectal foam (14 doses) or Pentasa® Mesalazine Enema (1g/100ml) or OR Mesalazine suppositories 1g as: Octasa 1g suppositories Salofalk® 1g suppositories
Prescribe by brand	

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Therapeutic Area	Drug choice
Aminosalicylates - Acute Exacerbation of distal ulcerative colitis (proctitis / proctosigmoiditis) (Oral Treatment) Prescribe by brand	<ol style="list-style-type: none"> 1 Oral mesalazine as: Octasa[®] MR tablets 400mg 800mg 1600mg Pentasa[®] m/r tablets 500mg, 1g; sachets 1g 2g or 4g Salofalk (mesalazine m/r) granules 1.5g, 3g sachets 2 Prednisolone 1mg, 5mg tablets (Add on therapy if insufficient response to 5- ASA monotherapy)
Aminosalicylates - Maintenance of remission of ulcerative colitis (Oral Treatment) Prescribe by brand	<ol style="list-style-type: none"> 1 Octasa[®] MR tablets 400mg 800mg 1600mg Pentasa[®] m/r tablets 500mg or sachets 1g 2g or 4g Salofalk (mesalazine m/r) granules 500mg,1g, 1.5g, 3g sachets
Corticosteroids	<ol style="list-style-type: none"> 1 Prednisolone 1mg, 5mg tablets Budesonide 3mg capsules enclosing e/c granules (Budenofalk[®]) Budesonide 3mg capsules enclosing e/c, m/r granules (Entocort[®]) Budesonide 9mg m/r tablet (Cortiment[®]) <p>Choice of budesonide preparation will depend on where in the GI tract the drug is released / licensed indications. Therefore products should be prescribed by brand</p>
Steroid-sparing Treatment for Inflammatory Bowel Disease	<ol style="list-style-type: none"> 1 Azathioprine tablets 25mg, 50mg or Mercaptopurine 50mg tablets, 20mg/ml oral suspension
Laxatives	<ol style="list-style-type: none"> 1 Ispaghula husk (Fybogel[®] sachets) 2 Macrogol compound oral powder sachets 3 Oral senna tablets 7.5mg, syrup 7.5mg/5ml
Faecal Loading /Impaction of Rectum	<ol style="list-style-type: none"> 1 Macrogol compound oral powder sachets 2 Glycerol (glycerin) suppositories 4g or Bisacodyl suppositories 10mg or Sodium citrate enema (Micalax[®] micro-enema) 3 Phosphate Enema (Fleet[®] Ready-to-use Enema)
Soothing Haemorrhoidal Preparations	<ol style="list-style-type: none"> 1 Anusol[®] cream, ointment or suppositories 2 Xyloproct[®] ointment (contains lidocaine 5%)
Compound Haemorrhoidal Preparation with Corticosteroid	<ol style="list-style-type: none"> 1 Anusol-HC[®] ointment or suppositories 2 Uniroid HC[®] ointment or suppositories
Management of Anal Fissures	<ol style="list-style-type: none"> 1 Glyceryl trinitrate 0.4% rectal ointment (Rectogesic[®])
Pancreatic Exocrine Insufficiency	<ol style="list-style-type: none"> 1 Creon[®] 40000 (providing protease (total) 1600 units, lipase 40000 units, amylase 25000 units)