

## NI Formulary: Chapter 13 Skin

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
<b>Emollients - Ointments</b>	<p>1 <b>Hydromol® ointment</b> (emulsifying wax 25.5%, yellow soft paraffin 32%, liquid paraffin 42.5%) or  <b>Epaderm® ointment</b> (emulsifying wax 30%, yellow soft paraffin 30%, liquid paraffin 40%) or  <b>Cetraben® ointment</b> (35% white soft paraffin, 45% light liquid paraffin) or</p>
<b>Emollients - Creams</b>	<p>1 <b>Oilatum® cream</b> (light liquid paraffin 6%, white soft paraffin 15%) Low paraffin content or  <b>Aproderm® Colloidal Oat cream</b> (paraffin free)  or  <b>Cetraben® emollient cream</b> (white soft paraffin 13.2%, light liquid paraffin 10.5%) or  <b>Diprobase® eczema cream</b> (cetromacrogol 2.25%, cetostearyl alcohol 7.2%, liquid paraffin 6%, white soft paraffin 15%) or  <b>Epaderm® cream</b> (yellow soft paraffin 15%, liquid paraffin 10%, emulsifying wax 5%)</p>
<b>Emollients - Other formulations</b>	<p>1 <b>MyriBase® gel</b> (isopropyl myristate 15%, liquid paraffin 15%)  2 <b>Doublebase dayleve gel</b> (isopropyl myristate 15%, liquid paraffin 15%) or  <b>Emollin® spray</b> (liquid paraffin 50%, white soft paraffin 50%)</p>
<b>Emollients - Urea containing formulations</b>	<p>1 <b>Balneum® cream</b> (urea 5%, ceramide 0.1%) or  <b>Flexitol 10% urea cream</b> or  <b>Flexitol 25% urea heel balm</b></p>
<b>Emollients - containing antimicrobials</b>	<p>1 <b>Dermol® lotion</b> (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 2.5%, liquid paraffin 2.5%) or  <b>Dermol® cream</b> (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 10%, liquid paraffin 10%)</p>
<b>Emollient bath and shower preparations</b>	<p>1 <b>Hydromol® bath and shower emollient</b> (isopropyl myristate 13%, light liquid paraffin 37.8%) or  <b>Oilatum® emollient bath additive</b> (light Liquid paraffin 63.4%)  <b>Cetraben® emollient bath additive</b> (light liquid paraffin 82.8%)</p>

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<b>Emollient bath and shower preparations with antimicrobial</b>	<b>1</b> <b>Emulsiderm®</b> (benzalkonium chloride 0.5%, liquid paraffin 25%, isopropyl myristate 25%) or <b>Dermol 600® bath emollient</b> (benzalkonium chloride 0.5%, liquid paraffin 25%, isopropyl myristate 25%) or <b>Dermol® 200 shower emollient</b> (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, liquid paraffin 2.5%, isopropyl myristate 2.5%)
<b>Barrier preparations</b>	<b>1</b> <u>Barrier preparations can be purchased 'over-the-counter' and self-care should be encouraged where appropriate</u>
<b>Topical local anaesthetics and antipruritics</b>	<b>1</b> <b>Crotamiton 10% (Eurax®) cream</b>
<b>Topical corticosteroids - Mild corticosteroid</b>	<b>1</b> <b>Hydrocortisone 0.5% and 1% cream and ointment</b>
<b>Topical corticosteroids - Moderately potent corticosteroid</b>	<b>1</b> Clobetasone butyrate 0.05% ( <b>Eumovate®</b> ) cream and ointment <b>2</b> Betamethasone valerate 0.025% ( <b>Betnovate-RD®</b> ) cream and ointment or Fluocinolone acetonide 0.00625% ( <b>Synalar 1 in 4 Dilution®</b> ) cream and ointment
<b>Topical corticosteroids - Potent corticosteroid</b>	<b>1</b> Betametasone valerate 0.1% ( <b>Betnovate®</b> ); cream, ointment, scalp applications, lotion or Hydrocortisone butyrate 0.1% ( <b>Locoid®</b> ) cream, lipocream, ointment, scalp lotion, topical emulsion ( <b>Locoid Crelo®</b> ) or Fluocinolone acetonide 0.025% ( <b>Synalar®</b> ); cream, gel and ointment or Mometasone furoate 0.1% ( <b>Elocon®</b> ) cream, ointment or scalp lotion
<b>Topical corticosteroids - Very potent corticosteroid</b>	<b>1</b> Clobetasol propionate 0.05% ( <b>Dermovate®</b> ); cream, ointment, scalp application
<b>Mild corticosteroid with antimicrobial</b>	<b>1</b> Hydrocortisone 1%/clotrimazole 1%; cream ( <b>Canesten HC®</b> ) or Hydrocortisone 1%/miconazole nitrate 2%; cream and ointment ( <b>Daktacort®</b> ) or Hydrocortisone 1%/fusidic acid 2% cream ( <b>Fucidin H®</b> ) or Hydrocortisone 0.5%, nystatin 100 000 units/g, benzalkonium chloride solution 0.2%, dimeticone "350" 10%; cream ( <b>Timodine®</b> )
<b>Moderately potent corticosteroid with antimicrobial</b>	No licensed products in this category currently available
<b>Potent corticosteroids with antimicrobial</b>	<b>1</b> Betamethasone (as valerate) 0.1%, fusidic acid 2%; cream and lipid cream ( <b>Fucibet®</b> )

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Topical preparations for eczema	<p>1 Emollients +/- antimicrobials (see above) Topical corticosteroid (see above)</p>
Psoriasis of trunk and Limbs: Topical preparations	<p>1 Calcipotriol 50 micrograms/g; ointment (<b>Dovonex®</b>) Or Calcitriol 3 micrograms /g; ointment (<b>Silkis®</b>) or Tacalcitol (as monohydrate) 4 micrograms/g <b>(Curatoderm®) lotion, ointment</b></p>
Psoriasis of Trunk and Limbs: Combination products for where adherence is an issue	<p>2 <b>Dovobet®</b> ointment (calcipotriol 50microgram/g, betamethasone 500microgram/g) or <b>Enstilar®</b> foam (calcipotriol 50micrograms/g, betamethasone 500microgram/g)</p>
Psoriasis of Trunk and Limbs: Coal tar products (2nd line agents)	<p>2 Coal tar <b>Exorex® lotion</b> (100mls/ 250mls) (coal tar 5% in an emollient basis)</p>
Psoriasis of Scalp: Corticosteroid-containing products (1st line agents)	<p>1 Betametasone valerate 0.1%: <b>scalp application</b> <b>(Betnovate®)</b> or Fluocinolone acetonide 0.025% (<b>Synalar®</b>) gel</p> <p>2 <b>Diprosalic® scalp application</b> (betamethasone 0.05%, salicylic acid 2%) or <b>Dovobet® gel</b> (calcipotriol 50microgram/g, betamethasone 500microgram/g)</p>
Psoriasis of Scalp: Coal tar products (2nd line agents)	<p>2 <b>Exorex® lotion</b> (100ml/ 250ml) (coal tar 5% in an emollient basis) or <b>Sebco® scalp ointment</b> (coal tar solution 12%, salicylic acid 2%, precipitated sulphur 4% in coconut oil emollient basis) and/or <b>Shampoos</b> - see section 13.9</p>
Psoriasis of Face or flexures	<p>1 Mild/moderate topical corticosteroid, Max 2 week course</p>
Acne-any severity	<p>1 Adapalene 0.1%/benzoyl peroxide 2.5%, adapalene 0.3%/benzoyl peroxide 2.5% (<b>Epiduo®</b>) gel</p> <p>1 Clindamycin 1%, tretinoin 0.025% (<b>Treclin®</b>) gel</p>
Acne-mild to moderate	<p>1 As per any severity</p> <p>1 Clindamycin 1% /benzoyl peroxide 5%, Clindamycin 1%/ benzoyl peroxide 3% (<b>Duac®</b>) gel</p>

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<b>Acne-moderate to severe</b>	<ul style="list-style-type: none"> <li>① As per any severity</li> <li>① Adapalene 0.1%/benzoyl peroxide 2.5%, adapalene 0.3%/benzoyl peroxide 2.5% (<b>Epiduo</b><sup>®</sup>) gel plus lymecycline 408mg capsules or plus doxycycline 100mg capsules</li> <li>① Azelaic acid 20% (<b>Skinoren</b><sup>®</sup>) cream plus lymecycline 408mg capsules or plus doxycycline 100mg capsules</li> </ul>
<b>Topical agents for Rosacea</b>	<ul style="list-style-type: none"> <li>① Azelaic acid (15%) gel (<b>Finacea</b><sup>®</sup>) or <b>Metronidazole 0.75% topical cream (or gel)</b></li> </ul>

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<b>Topical Agents for Roacea (cont)</b> <b>Reserve</b> (moderate to severe where a topical treatment is appropriate)	<b>2</b> Ivermectin ( <b>Soolantra</b> <sup>®</sup> ) 10mg/g cream
<b>Oral agents for Rosacea</b>	<b>1</b> Lymecycline capsules 408mg or Doxycycline 100mg capsules
<b>Preparations for warts and calluses</b>	<b>1</b> Encourage self care with OTC products as appropriate <b>1</b> Occlusal <sup>®</sup> cutaneous solution, (salicylic acid 26%) or Salactol <sup>®</sup> paint (salicylic acid 16.7%, lactic acid 16.7%) or Salatac <sup>®</sup> gel (salicylic acid 12%, lactic acid 4%)
<b>Anogenital warts</b>	<b>1</b> Podophyllotoxin 0.5% solution ( <b>Warticon</b> <sup>®</sup> , <b>Condyline</b> <sup>®</sup> )  <b>2</b> Imiquimod 5% cream ( <b>Aldara</b> <sup>®</sup> )
<b>Sunscreen preparations</b>	<b>1</b> SunSense <sup>®</sup> Ultra 50+ 50ml/125ml/500ml <b>2</b> Uvistat <sup>®</sup> SPF 30 or 50 suncream 125ml or Uvistat <sup>®</sup> Lipscreen SPF 50
<b>Photodamage (actinic keratosis)</b>	<b>1</b> Fluorouracil 5% cream ( <b>Efudix</b> <sup>®</sup> ) <small>small/ specific areas</small>  <b>1</b> Diclofenac sodium 3% gel ( <b>Solaraze</b> <sup>®</sup> ) <small>larger areas</small>
<b>Camouflagers</b>	<b>1</b> Dermacolor <sup>®</sup>
<b>Shampoos</b>	<b>1</b> Capasal <sup>®</sup> shampoo 250ml (coal tar 1%, coconut oil 1%, salicylic acid 0.5%) or Polytar <sup>®</sup> Scalp shampoo 150ml or T/gel <sup>®</sup> shampoo 125ml/250ml (coal tar extract 2%)
<b>Shampoo with antifungal</b>	<b>1</b> Ketoconazole 2% shampoo 120ml
<b>Scalp treatments</b>	<b>1</b> Sebco <sup>®</sup> scalp ointment: (coal tar solution 12%, salicylic acid 2%, precipitated sulphur 4% in coconut oil emulsion basis)
<b>Antibacterial preparations only used topically</b>	<b>1</b> Hydrogen peroxide cream 1% ( <b>Crystacide</b> <sup>®</sup> ) or Silver sulfadiazine 1% cream ( <b>Flamazine</b> <sup>®</sup> )  <b>1</b> Mupirocin 2% cream/ ointment ( <b>Bactroban</b> <sup>®</sup> )15g <small>for MRSA only</small>
<b>Antibacterial preparations also used systemically</b>	<b>1</b> Fusidic acid 2% cream or Sodium fusidate 2% ointment or Metronidazole 0.75% cream/gel
<b>Antifungal preparations</b>	<b>1</b> Clotrimazole 1% cream or Miconazole 2% cream or Terbinafine 1% cream

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Antiviral preparations	<b>1</b> No treatment or Aciclovir cream 5% (encourage OTC purchase)
Parasitocidal preparations - Scabies  OTC purchase or refer to minor ointments service	<b>1</b> Permethrin cream 5% <b>2</b> Malathion 0.5% liquid in an aqueous base (Derbac- M <sup>®</sup> )
Parasitocidal preparations - Head Lice  OTC purchase or refer to minor ointments service	<b>1</b> Dimeticone 4% lotion (Hedrin <sup>®</sup> ) 50ml, 120ml spray pack, <b>2</b> Malathion 0.5% liquid in an aqueous base (Derbac- M <sup>®</sup> )
Parasitocidal preparations - Pubic Lice	<b>1</b> Malathion 0.5% liquid in an aqueous base (Derbac-M <sup>®</sup> ) or Permethrin cream 5%
Skin cleansers, antiseptics, and desloughing agents	<b>1</b> Tap water
Alcohols and saline	<b>1</b> Irripod <sup>®</sup> Sodium chloride 0.9% 25 x 20ml sachets
Chlorhexidine salts	<b>1</b> Chlorhexidine gluconate 4% (Hibiscrub <sup>®</sup> )
Iodine	<b>1</b> Povidone-iodine dry powder spray 2.5% (Betadine <sup>®</sup> )
Oxidisers and dyes	<b>1</b> Potassium permanganate 400mg tablets for cutaneous solution (Permitabs <sup>®</sup> )
Antiperspirants	<b>1</b> Aluminium chloride hexahydrate 20% in an alcoholic basis (Driclor <sup>®</sup> , Anhydrol Forte <sup>®</sup> )