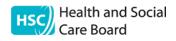
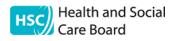


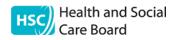
Therapeutic Area		Drug choice
Emollients - Ointments	0	Zeroderm <sup>®</sup> ointment (liquid paraffin 40%, white soft paraffin 30%, emulsifying wax 30%) or Hydromol <sup>®</sup> ointment (emulsifying wax 25.5%, yellow soft paraffin 30%, liquid paraffin 42.5%) or Cetraben <sup>®</sup> ointment (35% white soft paraffin, 45% light liquid paraffin)
Emollients - Creams	1	<ul> <li>Epimax<sup>®</sup> original cream (White soft paraffin 15%, liquid paraffin 6%)Cost effective option promoted as similar formulation to Diprobase<sup>®</sup> cream</li> <li>Epimax<sup>®</sup> excetera cream (White soft paraffin 13.2%, liquid paraffin 10.5%) Cost effective option -promoted as similar as formulation to Cetraben<sup>®</sup> cream</li> <li>Epimax<sup>®</sup> oatmeal cream (collodial oatmeal) Cost effective option promoted as similar formulation to Aveeno<sup>®</sup> cream</li> <li>Zeroveen<sup>®</sup> cream (Glycerol 12.6%, liquid paraffin 5%) - promoted as containing similar ingredients to Aveeno<sup>®</sup> cream</li> <li>Cetraben<sup>®</sup> emollient cream (white soft paraffin 13.2%, liquid paraffin 10.5%) <i>if cost effective option not suitable</i></li> </ul>
Emollients - Other formulations	1	MyriBase <sup>®</sup> gel (isopropyl myristate 15%, liquid paraffin 15%) Emollin <sup>®</sup> spray (liquid paraffin 50%, white soft paraffin 50%)
Emollients - Urea containing formulations	1	Balneum <sup>®</sup> Intensiv cream (urea 5%) or Flexitol 10% urea cream or Flexitol 25% urea heel balm
Emollients - containing antimicrobials Avoid unless infection present or is a frequent complication	1	Dermol <sup>®</sup> lotion (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 2.5%, liquid paraffin 2.5%) or Dermol <sup>®</sup> cream (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 10%, liquid paraffin 10%)
Barrier preparations	1	Barrier preparations can be purchased 'over-the-counter' and self-care should be encouraged where appropriate
Topical local anaesthetics and antipruretics		Promote self-care for treatment in minor conditions
Topical corticosteroids - Mild corticosteroid	1	<b>Hydrocortisone 1% cream</b> and <b>ointment</b> Do not prescribe the 15g OTC pack due to high cost
Topical corticosteroids - Moderately potent corticosteroid	1	Clobetasone butyrate 0.05% (Eumovate <sup>®</sup> ) cream and ointment . Prescribe by brand name



Therapeutic Area		Drug choice
Topical corticosteroids - Potent corticosteroid	1	Betametasone valerate 0.1% (Betnovate <sup>®</sup> ); cream, ointment, scalp applications, lotion or Betamethasone valerate 0.025% (Betnovate-RD <sup>®</sup> ); cream and ointment or Fluocinolone acetonide 0.025% (Synalar <sup>®</sup> ); cream, gel and ointment or Fluocinolone acetonide 0.00625% (Synalar 1 in 4 Dilution <sup>®</sup> ); ointment or Mometasone furoate 0.1% cream, ointment or scalp lotion
Topical corticosteroids - Very	1	Clobetasol propionate 0.05% (Dermovate <sup>®</sup> ); cream,
potent corticosteroid		ointment, scalp application. Prescribe by brand name
Mild corticosteroid with antimicrobial	1	Hydrocortisone 1%/clotrimazole 1%; cream (Canesten HC <sup>®</sup> ) Do not prescribe the 15g OTC pack due to high cost or Hydrocortisone 1%/fusidic acid 2% cream (Fucidin H <sup>®</sup> )
Moderately potent corticosteroid		Clobetasone butyrate 0.05%, oxytetracycline 3%, nystatin
with antimicrobial		100,000 units per gram (Trimovate®)
Potent corticosteroids with antimicrobial	1	Betamethasone (as valerate) 0.1%, fusidic acid 2%; <b>cream</b> and <b>lipid cream (Fucibet®)</b> or Betamethazone 0.05%, clotimazole 1% cream <b>(Lotriderm®)</b>
Topical preparations for eczema	1	Emollients +/- antimicrobials (see above) Topical corticosteroid (see above)
Psoriasis of trunk and Limbs: Topical preparations	1	Calcipotriol 50 micrograms/g. Plus potent topical steroid applied separately
Psoriasis of Trunk and Limbs: Combination products for where adherence is an issue	1	Calcipotriol 50microgram/g, betamethasone 500microgram/g ointment <b>prescribe generically</b> Or <b>Enstillar® foam</b> (calcipotriol 50micrograms/g, betamethasone 500microgram/g) (for when ointment not tolerated)
Psoriasis of Trunk and Limbs: Coal tar products (2nd line agents)	2	Coal tar <b>Exorex<sup>®</sup> lotion</b> (100mls/ 250mls) (coal tar 5% in an emollient basis)
Psoriasis of Scalp: Corticosteroid-containing products (1st line agents)	1	Betacap <sup>®</sup> Scalp Application (betamethasone valerate 0.1%)
	2	Diprosalic <sup>®</sup> scalp application (betamethasone 0.05%, salicylic acid 2%) or Calcipotriol 50microgram/g, betamethasone 500microgram/g gel prescribe generically



Therapeutic Area	Drug choice
Psoriasis of Scalp: Coal tar products (3rd line agents)	<ul> <li>Exorex<sup>®</sup> lotion         <ul> <li>(100ml/ 250ml) (coal tar 5% in an emollient basis) or</li> <li>Cocois<sup>®</sup> ointment (coal tar solution 12%, salicyclic acid 2%, precipitated sulphur 4% in coconut oil emollient basis) and/or</li> <li>Shampoos - see section 13.9</li> </ul> </li> </ul>
Psoriasis of Face or flexures	Mild/moderate topical corticosteroid, Max 2 week course see section 13.4
Acne-any severity	<ul> <li>Epiduo<sup>®</sup> gel 0.1%/2.5% or 0.3%/2.5% (Adapalene, benzol peroxide)</li> <li>Treclin<sup>®</sup> 1%/0.025% gel (Clindamycin,tretinoin)</li> </ul>
Acne-mild to moderate	<ol> <li>As per any severity</li> <li>Benzoyl peroxide 3% / Clindamycin 1% gel, Benzoyl peroxide 5% / Clindamycin 1% gel ( originator brand Duac<sup>®</sup> Once Daily)</li> </ol>
Acne-moderate to severe	<ol> <li>As per any severity</li> <li>Epiduo® 0.1%/2.5% gel or 0.3%/2.5% gel (Adapalene, benzoyl peroxide)I plus lymecycline 408mg capsules or plus doxycycline 100mg capsules or</li> <li>Azelaic acid 20% (Skinoren®) cream plus lymecycline 408mg capsules or plus doxycycline 100mg capsules</li> </ol>
Topical agents for Rosacea	<ul> <li>Azelaic acid (15%) gel (Finacea<sup>®</sup>) or</li> <li>Metronidazole 0.75% topical cream (or gel) or</li> <li>Ivermectin (Soolantra<sup>®</sup>) 10mg/g cream</li> </ul>
Oral agents for Rosacea	<ol> <li>Lymecycline capsules 408mg or Doxycycline 100mg capsules</li> </ol>
Preparations for warts and calluses	<b>1</b> Encourage self care with OTC products as appropriate
Sunscreen preparations	Anthelios <sup>®</sup> sunscreen lotion SPF 50+(La Roche-Posay) or Uvistat <sup>®</sup> SPF 30 or 50 suncream 125ml or Uvistat <sup>®</sup> Lipscreen SPF 50
Photodamage (actinic keratosis)	Refer to guidance produced by Primary Care Dermatology Society and Guidance from the general practice elective care service
Camouflagers	1 Dermacolor <sup>®</sup>
Shampoos	<ol> <li>Capasal<sup>®</sup> shampoo 250ml (coal tar 1%, coconut oil 1%, salicylic acid 0.5%) or Polytar<sup>®</sup> Scalp shampoo 150ml</li> </ol>



Therapeutic Area	Drug choice
Shampoo with antifungal	1 Nizoral <sup>®</sup> 2% Shampoo (Ketoconazole 2%) 120mls
Scalp treatments	<b>Cocois</b> <sup>®</sup> ointment: (coal tar solution 12%, salicylic acid 2%,
	precipitated sulphur 4% in coconut oil emulsion basis)
Antibacterial preparations only used	<b>1</b> Mupirocin 2% cream/ ointment (Bactroban®)15g
topically	for MRSA
Antibacterial preparations also used	1 Fusidic acid 2% cream or
systemically	Sodium fusidate 2% ointment or
	Metronidazole 0.75% cream/gel
Antifungal preparations	1 Refer to Primary care Antibiotic guidelines
Antiviral preparations	1 No treatment or
	Aciclovir cream 5% (encourage OTC purchase)
Parasiticidal preparations	1 Permethrin cream 5%
- Scabies	2 Malathion 0.5% liquid in an aqueous base (Derbac- M <sup>®</sup> )
OTC purchase or refer to Pharmacy	
First Service	
Parasiticidal preparations	Head lice can be managed and treated in community
- Head Lice	pharmacy under the Pharmacy First Service or bought OTC
Parasiticidal preparations	1 Malathion 0.5% liquid in an aqueous base (Derbac-M®)
- Pubic Lice	or
	Permethrin cream 5%
Chlorhexidine salts	1 Chlorhexidine gluconate 4% (Hibiscrub <sup>®</sup> )
Antiperspirants	1 Aluminium chloride hexahydrate 20% in an alcoholic basis
	(Anhydrol Forte <sup>®</sup> )
	Available to purchase OTC- encourage self-care