NI Formulary: Chapter 13 Skin

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
Emollients - Ointments	1 **Zeroderm® ointment** (liquid paraffin 40%, white soft paraffin 30%, emulsifying wax 30%) or **Hydromol® ointment** (emulsifying wax 25.5%, yellow soft paraffin 30%, liquid paraffin 42.5%) or **Cetraben® ointment** (35% white soft paraffin, 45% light liquid paraffin)
Emollients - Creams	1 **Epimax® original cream** (White soft paraffin 15%, liquid paraffin 6%)Cost effective option promoted as similar formulation to Diprobase® cream **Epimax® excetera cream** (White soft paraffin 13.2%, liquid paraffin 10.5%) Cost effective option -promoted as similar as formulation to Cetraben® cream **Epimax® oatmeal cream** (collodial oatmeal) **Cost effective option** promoted as similar formulation to Aveeno® cream Zeroveen® cream (Glycerol 12.6%, liquid paraffin 5%) - promoted as containing similar ingredients to Aveeno® cream **Cetraben® emollient cream** (white soft paraffin 13.2%, liquid paraffin 10.5%) *if cost effective option not suitable*
Emollients - Other formulations	1 **MyriBase® gel** (isopropyl myristate 15%, liquid paraffin 15%) 2 **Emollin® spray** (liquid paraffin 50%, white soft paraffin 50%)
Emollients - Urea containing formulations	1 **Balneum® Intensiv cream** (urea 5%) or **Flexitol** 10% **urea cream** or **Flexitol** 25% **urea heel balm**
Emollients - containing antimicrobials **Avoid unless infection present or is a frequent complication**	1 **Dermol® lotion** (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 2.5%, liquid paraffin 2.5%) or **Dermol® cream** (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 10%, liquid paraffin 10%)
Barrier preparations	1 Barrier preparations can be purchased 'over-the-counter' and self-care should be encouraged where appropriate
Topical local anaesthetics and antipruretics	**Promote self-care for treatment in minor conditions**
Topical corticosteroids - Mild corticosteroid	1 **Hydrocortisone 1% cream** and **ointment** *Do not prescribe the 15g OTC pack due to high cost*
Topical corticosteroids - Moderate corticosteroid	1 Clobetasone butyrate 0.05% (**Eumovate®) cream** and **ointment . Prescribe by brand name**

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Topical corticosteroids - Potent corticosteroid (MHRA labelling: strong)	1 Betamethasone valerate 0.1% **(Betnovate®); cream, ointment, scalp applications, lotion** or Betamethasone valerate 0.025% (**Betnovate-RD®**); **cream** and **ointment** or Fluocinolone acetonide 0.025% **(Synalar®); cream, gel and ointment** or Fluocinolone acetonide 0.00625% (Synalar 1 in 4 Dilution®); **ointment** or Mometasone furoate 0.1% **cream, ointment or scalp lotion**
Topical corticosteroids - Very potent corticosteroid (MHRA labelling: very strong)	1 Clobetasol propionate 0.05% **(Dermovate®); cream, ointment, scalp application. Prescribe by brand name**
Mild corticosteroid with antimicrobial	1 Hydrocortisone 1%/clotrimazole 1%; **cream (Canesten HC®)** *Do not prescribe the 15g OTC pack due to high cost* or Hydrocortisone 1%/fusidic acid 2% **cream (Fucidin H®)**
Moderate corticosteroid with antimicrobial	Clobetasone butyrate 0.05%, oxytetracycline 3%,nystatin 100,000 units per gram (Trimovate®)
Potent corticosteroids with antimicrobial (MHRA labelling: strong)	1 Betamethasone (as valerate) 0.1%, fusidic acid 2%; **cream** and **lipid cream (Fucibet®)** or Betamethazone 0.05%, clotimazole 1% cream **(Lotriderm®)**
Topical preparations for eczema	1 Emollients +/- antimicrobials (see above) Topical corticosteroid (see above)
Psoriasis of trunk and Limbs: Topical preparations	1 Calcipotriol 50 micrograms/g. Plus potent topical steroid applied separately
Psoriasis of Trunk and Limbs: Combination products for where adherence is an issue	1 Calcipotriol 50microgram/g, betamethasone 500microgram/g ointment **prescribe generically** Or **Enstillar® foam** (calcipotriol 50micrograms/g, betamethasone 500microgram/g) (for when ointment not tolerated)
Psoriasis of Trunk and Limbs: Coal tar products (2nd line agents)	2 Coal tar **Exorex® lotion** (100mls/ 250mls) (coal tar 5% in an emollient basis)
Psoriasis of Scalp: Corticosteroid-containing products (1st line agents)	1 Betacap® Scalp Application (betamethasone valerate 0.1%) 2 **Diprosalic® scalp application** (betamethasone 0.05%, salicylic acid 2%) or Calcipotriol 50microgram/g, betamethasone 500microgram/g gel **prescribe generically**

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Psoriasis of Scalp: **Coal tar products (3rd line agents)**	3 **Exorex® lotion** (100ml/ 250ml) (coal tar 5% in an emollient basis) or **Cocois® ointment** (coal tar solution 12%, salicyclic acid 2%, precipitated sulphur 4% in coconut oil emollient basis) and/or **Shampoos -** see section 13.9
Psoriasis of Face or flexures	1 Mild/moderate topical corticosteroid, Max 2 week course see section 13.4
Acne-any severity	1 **Epiduo®** gel 0.1%/2.5% or 0.3%/2.5%(Adapalene, benzol peroxide) 1 **Treclin®** 1%/0.025% gel (Clindamycin,tretinoin)
Acne-mild to moderate	1 As per any severity 1 Benzoyl peroxide 3% / Clindamycin 1% gel, Benzoyl peroxide 5% / Clindamycin 1% gel (originator brand Duac® Once Daily)
Acne-moderate to severe	1 As per any severity 1 **Epiduo®** 0.1%/2.5% gel or 0.3%/2.5% gel (Adapalene, benzoyl peroxide)l plus lymecycline 408mg capsules or plus doxycycline 100mg capsules or 1 Azelaic acid 20% **(Skinoren®)** cream plus lymecycline 408mg capsules or plus doxycycline 100mg capsules
Topical agents for Rosacea	1 Azelaic acid (15%) gel **(Finacea®)** or **Metronidazole 0.75% topical cream (or gel)** or Ivermectin (**Soolantra®**) 10mg/g cream
Oral agents for Rosacea	1 **Lymecycline capsules 408mg** or **Doxycycline 100mg capsules**
Preparations for warts and calluses	1 **Encourage self care with OTC products as appropriate**
Sunscreen preparations	1 **Anthelios® sunscreen lotion SPF 50+(La Roche-Posay)** or **Uvistat® SPF 30 or 50 suncream** 125ml or **Uvistat ® Lipscreen** SPF 50
Photodamage (actinic keratosis)	Refer to guidance produced by Primary Care Dermatology Society and Guidance from the general practice elective care service
Camouflagers	1 **Dermacolor®**
Shampoos	1 **Capasal® shampoo** 250ml (coal tar 1%, coconut oil 1%, salicylic acid 0.5%) or **Polytar® Scalp shampoo** 150ml

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Therapeutic Area	Drug choice
Shampoo with antifungal	1 **Nizoral® 2% Shampoo** (Ketoconazole 2%) 120mls
Scalp treatments	1 **Cocois® ointment:** (coal tar solution 12%, salicylic acid 2%, precipitated sulphur 4% in coconut oil emulsion basis)
Antibacterial preparations only used topically	1 for MRSA **Mupirocin 2% cream/ ointment (Bactroban®)**15g
Antibacterial preparations also used systemically	1 **Fusidic acid 2% cream or** **Sodium fusidate 2% ointment** or **Metronidazole 0.75% cream/gel**
Antifungal preparations	1 **Refer to Primary care Antibiotic guidelines**
Antiviral preparations	1 **No treatment or** **Aciclovir cream 5% (encourage OTC purchase)**
Parasiticidal preparations - Scabies **OTC purchase or refer to Pharmacy First Service**	1 **Permethrin cream 5%**
Parasiticidal preparations - Head Lice	**Head lice can be managed and treated in community pharmacy under the Pharmacy First Service or bought OTC**
Parasiticidal preparations - Pubic Lice	1 **Malathion 0.5% liquid in an aqueous base (Derbac-M®)** or **Permethrin cream 5%**
Chlorhexidine salts	1 **Chlorhexidine gluconate 4% (Hibiscrub®)**
Antiperspirants	1 Aluminium chloride hexahydrate 20% in an alcoholic basis **(Anhydrol Forte®)** **Available to purchase OTC- encourage self-care**