

NI Formulary: Chapter 13 Skin

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
Emollients - Ointments	<p>1 Epimax® ointment(liquid paraffin 40%, yellow soft paraffin 30%) or Zeroderm® ointment (liquid paraffin 40%, white soft paraffin 30%, emulsifying wax 30%) or Epimax® paraffinfree ointment (hydrogenated castor oil) or Hydromol® ointment (emulsifying wax 25.5%, yellow soft paraffin 30%, liquid paraffin 42.5%) or Cetraben® ointment (35% white soft paraffin, 45% light liquid paraffin)</p>
Emollients - Creams	<p>1 Epimax® original cream (White soft paraffin 15%, liquid paraffin 6%) Cost effective option promoted as similar formulation to Diprobase® cream Epimax® excetera cream (White soft paraffin 13.2%, liquid paraffin 10.5%) Cost effective option -promoted as similar as formulation to Cetraben® cream Epimax® oatmeal cream (collodial oatmeal) Cost effective option promoted as similar formulation to Aveeno® cream Zeroveen® cream (Glycerol 12.6%, liquid paraffin 5%) - promoted as containing similar ingredients to Aveeno® cream Cetraben® emollient cream (white soft paraffin 13.2%, liquid paraffin 10.5%) <i>if cost effective option not suitable</i></p>
Emollients - Other formulations	<p>1 MyriBase® gel (isopropyl myristate 15%, liquid paraffin 15%) 2 Emollin® spray (liquid paraffin 50%, white soft paraffin 50%)</p>
Emollients - Urea containing formulations	<p>1 Balneum® Intensiv cream (urea 5%) or Flexitol 10% urea cream or Flexitol 25% urea heel balm</p>
Emollients - containing antimicrobials Avoid unless infection present or is a frequent complication	<p>1 Dermol® lotion (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 2.5%, liquid paraffin 2.5%) or Dermol® cream (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 10%, liquid paraffin 10%)</p>
Barrier preparations	<p>1 <u>Barrier preparations can be purchased 'over-the-counter' and self-care should be encouraged where appropriate</u></p>
Topical local anaesthetics and antipruritics	<p>Promote self-care for treatment in minor conditions</p>

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Topical corticosteroids - Mild corticosteroid	1 Hydrocortisone 1% cream and ointment <i>Do not prescribe the 15g OTC pack due to high cost</i>
Topical corticosteroids - Moderately potent corticosteroid	1 Betamethasone valerate 0.025% (Betnovate-RD[®]) cream and ointment or Clobetasone butyrate 0.05% (Eumovate[®]) cream and ointment . Prescribe by brand name or Fluocinolone acetonide 0.00625% (Synalar 1 in 4 Dilution[®]) cream and ointment
Topical corticosteroids - Potent corticosteroid	1 Betametasone valerate 0.1% (Betnovate[®]); cream, ointment, scalp applications, lotion or Fluocinolone acetonide 0.025% (Synalar[®]); cream, gel and ointment or Mometasone furoate 0.1% cream, ointment or scalp lotion
Topical corticosteroids - Very potent corticosteroid	1 Clobetasol propionate 0.05% (Dermovate[®]); cream, ointment, scalp application. Prescribe by brand name
Mild corticosteroid with antimicrobial	1 Hydrocortisone 1%/clotrimazole 1%; cream (Canesten HC[®]) <i>Do not prescribe the 15g OTC pack due to high cost</i> or Hydrocortisone 1%/fusidic acid 2% cream (Fucidin H[®])
Moderately potent corticosteroid with antimicrobial	Clobetasone butyrate 0.05%, oxytetracycline 3%, nystatin 100,000 units per gram (Trimovate[®])
Potent corticosteroids with antimicrobial	1 Betamethasone (as valerate) 0.1%, fusidic acid 2%; cream and lipid cream (Fucibet[®]) or Betamethazone 0.05%, clotimazole 1% cream (Lotriderm[®])
Topical preparations for eczema	1 Emollients +/- antimicrobials (see above) Topical corticosteroid (see above)
Psoriasis of trunk and Limbs: Topical preparations	1 Calcipotriol 50 micrograms/g. Plus potent topical steroid applied separately
Psoriasis of Trunk and Limbs: Combination products for where adherence is an issue	1 Calcipotriol 50microgram/g, betamethasone 500microgram/g ointment prescribe generically Or Enstillar[®] foam (calcipotriol 50micrograms/g, betamethasone 500microgram/g) (for when ointment not tolerated)
Psoriasis of Trunk and Limbs: Coal tar products (2nd line agents)	2 Coal tar Exorex[®] lotion (100mls/ 250mls) (coal tar 5% in an emollient basis)

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Psoriasis of Scalp: Corticosteroid-containing products (1st line agents)	<p>1 Betacap® Scalp Application (betamethasone valerate 0.1%)</p> <p>2 Diprosalic® scalp application (betamethasone 0.05%, salicylic acid 2%) or Calcipotriol 50microgram/g, betamethasone 500microgram/g gel prescribe generically</p>
Psoriasis of Scalp: Coal tar products (3rd line agents)	<p>3 Exorex® lotion (100ml/ 250ml) (coal tar 5% in an emollient basis) or Cocois® ointment (coal tar solution 12%, salicylic acid 2%, precipitated sulphur 4% in coconut oil emollient basis) and/or Shampoos - see section 13.9</p>
Psoriasis of Face or flexures	<p>1 Mild/moderate topical corticosteroid, Max 2 week course see section 13.4</p>
Acne-any severity	<p>1 Epiduo® gel 0.1%/2.5% or 0.3%/2.5%(Adapalene, benzol peroxide)</p> <p>1 Treclin® 1%/0.025% gel (Clindamycin,tretinoin)</p>
Acne-mild to moderate	<p>1 As per any severity</p> <p>1 Duac® Once daily 1%/3% gel or 1%/5% gel (clindamycin, benzoyl peroxide)</p>
Acne-moderate to severe	<p>1 As per any severity</p> <p>1 Epiduo® 0.1%/2.5% gel or 0.3%/2.5% gel (Adapalene, benzoyl peroxide) plus lymecycline 408mg capsules or plus doxycycline 100mg capsules or</p> <p>1 Azelaic acid 20% (Skinoren®) cream plus lymecycline 408mg capsules or plus doxycycline 100mg capsules</p>
Topical agents for Rosacea	<p>1 Azelaic acid (15%) gel (Finacea®) or Metronidazole 0.75% topical cream (or gel) or Ivermectin (Soolantra®) 10mg/g cream</p>
Oral agents for Rosacea	<p>1 Lymecycline capsules 408mg or Doxycycline 100mg capsules</p>
Preparations for warts and calluses	<p>1 Encourage self care with OTC products as appropriate</p>
Sunscreen preparations	<p>1 Anthelios® sunscreen lotion SPF 50+(La Roche-Posay) or Uvistat® SPF 30 or 50 suncream 125ml or Uvistat® Lipscreen SPF 50</p>

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Photodamage (actinic keratosis)	Refer to guidance produced by Primary Care Dermatology Society and Guidance from the general practice elective care service
Camouflagers	1 Dermacolor®
Shampoos	1 Capasal® shampoo 250ml (coal tar 1%, coconut oil 1%, salicylic acid 0.5%) or Polytar® Scalp shampoo 150ml or T/gel® shampoo 125ml/250ml (coal tar extract 2%)
Shampoo with antifungal	1 Nizoral® 2% Shampoo (Ketoconazole 2%) 120mls
Scalp treatments	1 Cociois® ointment: (coal tar solution 12%, salicylic acid 2%, precipitated sulphur 4% in coconut oil emulsion basis)
Antibacterial preparations only used topically	1 Mupirocin 2% cream/ ointment (Bactroban®)15g <small>for MRSA</small>
Antibacterial preparations also used systemically	1 Fusidic acid 2% cream or Sodium fusidate 2% ointment or Metronidazole 0.75% cream/gel
Antifungal preparations	1 Refer to Primary care Antibiotic guidelines
Antiviral preparations	1 No treatment or Aciclovir cream 5% (encourage OTC purchase)
Parasitocidal preparations - Scabies OTC purchase or refer to Pharmacy First Service	1 Permethrin cream 5% 2 Malathion 0.5% liquid in an aqueous base (Derbac- M®)
Parasitocidal preparations - Head Lice	Head lice can be managed and treated in community pharmacy under the Pharmacy First Service or bought OTC
Parasitocidal preparations - Pubic Lice	1 Malathion 0.5% liquid in an aqueous base (Derbac-M®) or Permethrin cream 5%
Chlorhexidine salts	1 Chlorhexidine gluconate 4% (Hibiscrub®)
Antiperspirants	1 Aluminium chloride hexahydrate 20% in an alcoholic basis (Anhydrol Forte®) Available to purchase OTC- encourage self-care