

NI Formulary: Chapter 13 Skin

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
Emollients - Ointments	<p>1 Hydromol® ointment (emulsifying wax 25.5%, yellow soft paraffin 32%, liquid paraffin 42.5%) or Epaderm® ointment (emulsifying wax 30%, yellow soft paraffin 30%, liquid paraffin 40%) or Cetraben® ointment (35% white soft paraffin, 45% light liquid paraffin) or Diprobase® ointment (white soft paraffin 95%, liquid paraffin 5%)</p>
Emollients - Creams	<p>1 Oilatum® cream (light liquid paraffin 6%, white soft paraffin 15%) Low paraffin content or Aproderm® Colloidal Oat cream (paraffin free) or Cetraben® emollient cream (white soft paraffin 13.2%, light liquid paraffin 10.5%) or Diprobase® cream (cetromacrogol 2.25%, cetostearyl alcohol 7.2%, liquid paraffin 6%, white soft paraffin 15%) or Ultrabase® cream (liquid paraffin 10% and white soft paraffin 10%) or Epaderm® cream (yellow soft paraffin 15%, liquid paraffin 10%, emulsifying wax 5%)</p>
Emollients - Other formulations	<p>1 MyriBase® gel (isopropyl myristate 15%, liquid paraffin 15%) 2 Doublebase dayleve gel (isopropyl myristate 15%, liquid paraffin 15%) or Emollin® spray (liquid paraffin 50%, white soft paraffin 50%)</p>
Emollients - Urea containing formulations	<p>1 Balneum® cream (urea 5%, ceramide 0.1%) or Flexitol 10% urea cream or Flexitol 25% urea heel balm or Eucerin® Intensive Lotion (urea 10%)</p>
Emollients - containing antimicrobials	<p>1 Dermol® lotion (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 2.5%, liquid paraffin 2.5%) or Dermol® cream (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, isopropyl myristate 10%, liquid paraffin 10%)</p>
Emollient bath and shower preparations	<p>1 Hydromol® bath and shower emollient (isopropyl myristate 13%, light liquid paraffin 37.8%) or Oilatum® emollient bath additive (light Liquid paraffin 63.4%) Cetraben® emollient bath additive (light liquid paraffin 82.8%)</p>

NI Formulary: Chapter 13 Skin

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
Emollient bath and shower preparations with antimicrobial	1 Emulsiderm[®] (benzalkonium chloride 0.5%, liquid paraffin 25%, isopropyl myristate 25%) or Dermol 600[®] bath emollient (benzalkonium chloride 0.5%, liquid paraffin 25%, isopropyl myristate 25%) or Dermol[®] 200 shower emollient (benzalkonium chloride 0.1%, chlorhexidine dihydrochloride 0.1%, liquid paraffin 2.5%, isopropyl myristate 2.5%)
Barrier preparations	1 <u>Barrier preparations can be purchased 'over-the-counter' and self-care should be encouraged where appropriate</u>
Topical local anaesthetics and antipruritics	1 Crotamiton 10% (Eurax[®]) cream
Topical corticosteroids - Mild corticosteroid	1 Hydrocortisone 0.5% and 1% cream and ointment
Topical corticosteroids - Moderately potent corticosteroid	1 Clobetasone butyrate 0.05% (Eumovate[®]) cream and ointment 2 Betamethasone valerate 0.025% (Betnovate-RD[®]) cream and ointment or Fluocinolone acetonide 0.00625% (Synalar 1 in 4 Dilution[®]) cream and ointment
Topical corticosteroids - Potent corticosteroid	1 Betametasone valerate 0.1% (Betnovate[®]); cream, ointment, scalp applications, lotion or Hydrocortisone butyrate 0.1% (Locoid[®]) cream, lipocream, ointment, scalp lotion, topical emulsion (Locoid Crelo[®]) or Fluocinolone acetonide 0.025% (Synalar[®]); cream, gel and ointment or Mometasone furoate 0.1% (Elocon[®]) cream, ointment or scalp lotion
Topical corticosteroids - Very potent corticosteroid	1 Clobetasol propionate 0.05% (Dermovate[®]); cream, ointment, scalp application
Mild corticosteroid with antimicrobial	1 Hydrocortisone 1%/clotrimazole 1%; cream (Canesten HC[®]) or Hydrocortisone 1%/miconazole nitrate 2%; cream and ointment (Daktacort[®]) or Hydrocortisone 1%/fusidic acid 2% cream (Fucidin H[®]) or Hydrocortisone 0.5%, nystatin 100 000 units/g, benzalkonium chloride solution 0.2%, dimeticone "350" 10%; cream (Timodine[®])
Moderately potent corticosteroid with antimicrobial	No licensed products in this category currently available
Potent corticosteroids with antimicrobial	1 Betamethasone (as valerate) 0.1%, fusidic acid 2%; cream and lipid cream (Fucibet[®])

NI Formulary: Chapter 13 Skin

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
Topical preparations for eczema	1 Emollients +/- antimicrobials (see above) Topical corticosteroid (see above)
Psoriasis of trunk and Limbs: Topical preparations	1 Calcipotriol 50 micrograms/g; ointment (Dovonex®) Or Calcitriol 3 micrograms /g; ointment (Silkis®) or Tacalcitol (as monohydrate) 4 micrograms/g (Curatoderm®) lotion, ointment
Psoriasis of Trunk and Limbs: Combination products for where adherence is an issue	2 Dovobet® ointment (calcipotriol 50microgram/g, betamethasone 500microgram/g) or Enstilar® foam (calcipotriol 50micrograms/g, betamethasone 500microgram/g)
Psoriasis of Trunk and Limbs: Coal tar products (2nd line agents)	2 Coal tar Exorex® lotion (100mls/ 250mls) (coal tar 5% in an emollient basis)
Psoriasis of Scalp: Corticosteroid-containing products (1st line agents)	1 Betametasone valerate 0.1%: scalp application (Betnovate®) or Fluocinolone acetonide 0.025% (Synalar®) gel 2 Diprosalic® scalp application (betamethasone 0.05%, salicylic acid 2%) or Dovobet® gel (calcipotriol 50microgram/g, betamethasone 500microgram/g)
Psoriasis of Scalp: Coal tar products (2nd line agents)	2 Exorex® lotion (100ml/ 250ml) (coal tar 5% in an emollient basis) or Sebco® scalp ointment (coal tar solution 12%, salicylic acid 2%, precipitated sulphur 4% in coconut oil emollient basis) and/or Shampoos - see section 13.9
Psoriasis of Face or flexures	1 Mild/moderate topical corticosteroid, Max 2 week course
Topical preparations for Acne	1 Benzoyl peroxide 5% gel (Acnecide®) Benzoyl peroxide 5% wash (Acnecide®)
Topical antibacterials for Acne	1 Clindamycin 1% /benzoyl peroxide 5%; Clindamycin 1%/ benzoyl peroxide 3% (Duac®) gel
Topical Retinoids and related preparations for Acne	1 Adapalene 0.1% cream and gel (Differin®) or Isotretinoin 0.05% gel (Isotrex®) or Adapalene 0.1%, benzoyl peroxide 2.5% (Epiduo®) gel
Oral preparations for Acne	1 Lymecycline capsules 408mg 2 Doxycycline capsules 100mg or Erythromycin tablets 250mg
Topical agents for Rosacea	1 Azelaic acid (15%) gel (Finacea®) or Metronidazole 0.75% topical cream (or gel)

NI Formulary: Chapter 13 Skin

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
Topical Agents for Roacea (cont) Reserve (moderate to severe where a topical treatment is appropriate)	2 Ivermectin (Soolantra[®]) 10mg/g cream
Oral agents for Rosacea	1 Lymecycline capsules 408mg or Doxycycline 100mg capsules
Preparations for warts and calluses	1 Encourage self care with OTC products as appropriate Occlusal[®] cutaneous solution , (salicylic acid 26%) or Salactol[®] paint (salicylic acid 16.7%, lactic acid 16.7%) or Salatac[®] gel (salicylic acid 12%, lactic acid 4%)
Anogenital warts	1 Podophyllotoxin 0.5% solution (Warticon[®], Condyline[®]) 2 Imiquimod 5% cream (Aldara[®])
Sunscreen preparations	1 Anthelios[®] XL SPF50+ cream 50ml or SunSense[®] Ultra 50+ 50ml/125ml/500ml 2 Uvistat[®] SPF 30 or 50 suncream 125ml or Uvistat[®] Lipscreen SPF 50
Photodamage (actinic keratosis)	1 Fluorouracil 5% cream (Efudix[®]) <small>small/ specifi c areas</small> 1 Diclofenac sodium 3% gel (Solaraze[®]) <small>larger areas</small>
Camouflagers	1 Dermacolor[®]
Shampoos	1 Capasal[®] shampoo 250ml (coal tar 1%, coconut oil 1%, salicylic acid 0.5%) or Polytar[®] Scalp shampoo 150ml or T/gel[®] shampoo 125ml/250ml (coal tar extract 2%)
Shampoo with antifungal	1 Ketoconazole 2% shampoo 120ml
Scalp treatments	1 Sebco[®] scalp ointment: (coal tar solution 12%, salicylic acid 2%, precipitated sulphur 4% in coconut oil emulsion basis)
Hirsutism	1 Co-cyprindiol 2000/35 tablets (cyproterone acetate 2mg/ethinylestradiol 35 micrograms) 2 Gedarel[®] 30/150 (desogestrel 150 micrograms, ethinylestradiol 30 micrograms (3 x 21 pack))
Antibacterial preparations only used topically	1 Hydrogen peroxide cream 1% (Crystacide[®]) or Silver sulfadiazine 1% cream (Flamazine[®]) 1 Mupirocin 2% cream/ ointment (Bactroban[®]) 15g <small>for MRSA only</small>

NI Formulary: Chapter 13 Skin

Please refer to the full version of the Formulary for further advice and information.

Therapeutic Area	Drug choice
Antibacterial preparations also used systemically	1 Fusidic acid 2% cream or Sodium fusidate 2% ointment or Metronidazole 0.75% cream/gel
Antifungal preparations	1 Clotrimazole 1% cream or Miconazole 2% cream or Terbinafine 1% cream
Antiviral preparations	1 No treatment or Aciclovir cream 5% (encourage OTC purchase)
Parasiticial preparations - Scabies OTC purchase or refer to minor ailments service	1 Permethrin cream 5% 2 Malathion 0.5% liquid in an aqueous base (Derbac- M®)
Parasiticial preparations - Head Lice OTC purchase or refer to minor ailments service	1 Dimeticone 4% lotion (Hedrin®) 50ml, 120ml spray pack, 2 Malathion 0.5% liquid in an aqueous base (Derbac- M®)
Parasiticial preparations - Pubic Lice	1 Malathion 0.5% liquid in an aqueous base (Derbac-M®) or Permethrin cream 5%
Skin cleansers, antiseptics, and desloughing agents	1 Tap water
Alcohols and saline	1 Irripod® Sodium chloride 0.9% 25 x 20ml sachets
Chlorhexidine salts	1 Chlorhexidine gluconate 4% (Hibiscrub®)
Iodine	1 Povidone-iodine dry powder spray 2.5% (Betadine®)
Oxidisers and dyes	1 Potassium permanganate solution tablets 400mg (Permitabs®)
Antiperspirants	1 Aluminium chloride hexahydrate 20% in an alcoholic basis (Driclor®, Anhydrol Forte®)