

Administration to children who are spoon fed

- 1) Disperse the tablet (or fraction of) in 10ml of non-fizzy water (two medicine spoons). Water for babies over 6 months doesn't have to be boiled.
- 2) **Do not crush or chew the tablet.**
- 3) Stir gently until a very cloudy mixture is created.
- 4) Once the tablet has dispersed, it should be given straight away (or within 30mins).
- 5) A small amount of fruit juice, apple sauce or yogurt can be added to this mixture, but do NOT use milk or fizzy drinks.
- 6) Rinse down with half a glass of water.

Older children

Some children may prefer to swallow the tablet whole (note: capsules are also available if preferred). Your child should not chew the tablet. Tablets should not be crushed.

PEG or NG tube fed infants and children

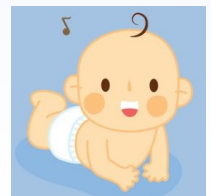
- 1) Place the tablet in the barrel of an enteral syringe with 25ml of water and 5ml of air and shake to disperse it. The pellets should not be crushed.
- 2) Ensure the tip of the syringe has not been clogged.
- 3) Attach the syringe to the tube whilst keeping the tip upright to prevent clogging.
- 4) Give the medication while turning the syringe upside down a few times and shaking to disperse the contents.
- 5) When the fluid is gone from the syringe, a further 25ml of water and 5ml of air should be drawn up, and the process repeated.
- 6) Flush the tube very well after giving the dose to prevent blocking the tube. (Ref — NEWT guidelines)

Administration of omeprazole tablets to an infant or child

Information for parents and carers

Your doctor has prescribed omeprazole tablets for your child's condition.

**The dose ismg
(..... tablet(s))**



Administration to children under 1 year who are not spoon fed

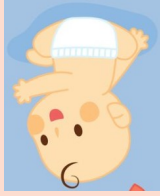


- 1) Take the oral syringe and pull the plunger out of the barrel.
- 2) Take omeprazolemg tablet(s) and place inside the barrel of the oral syringe. **Do not crush the tablet.**
- 3) If a 5mg dose (half a tablet) is required, cut a 10mg tablet in half using the tablet splitter / cutter provided as directed.
- 4) Replace plunger and draw up 10ml of water (tap water should be boiled and cooled for children under 6 months of age).
- 5) Gently shake the oral syringe until a very cloudy mixture is created. This may take 5 to 10 minutes.

The tablets 'disperse' or breakdown into pellets, rather than dissolving completely. This is why it is not possible to dissolve a whole tablet in 10ml of water and then use a portion.

- 6) Direct the oral syringe towards the inside of the child's cheek and slowly push the plunger until the dose is given.
- 7) If some of the dispersed tablet is still left, draw a further small amount of water up into the oral syringe, shake and give as above to the child.
- 8) Pull apart the oral syringe and clean as directed.

Safety tips for infants (new born to 1 year old)

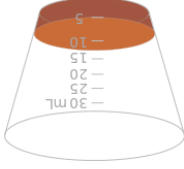


- Do not squirt medicine directly at the back of the baby's throat. This may cause your child to choke.
- Give small amounts of medicine at a time to avoid choking.
- Let the baby swallow all the medicine before you give more.

NOTE: pellets tend to settle to the bottom in oral syringes and there is a risk that the child may not receive the full dose. Ensure that all of the pellets are drawn up and given to your child.

NOTE: the oral syringe is **NOT** designed for injection, it is only for giving medicines by mouth.

If a 10ml oral syringe is not available, a medicine cup may be used to disperse the tablet in 10ml of water. A smaller oral syringe may then be used to administer the medicine in parts. If using a medicine cup to disperse the tablets, it is important to ensure that ALL of the pellets are drawn up into the oral syringe and given to your child.



Important: Keep all medicines out of reach of children.