

Patient Information Leaflet produced by the HSCB Pharmacy and Medicines Management Team.

# Changes to your Lamotrigine or Lamictal® Tablets



100 mg  
30 Tablets

Lamotrigine™  
**Lamictal**

**HSC** Health and Social Care  
in Northern Ireland

## What is Lamotrigine or Lamictal®?

Lamotrigine is a medication used to treat epilepsy or bipolar disease. Lamictal® is a brand of Lamotrigine tablets and is also used for these conditions.

## Dose Optimisation of Lamotrigine / Lamictal® tablets

Prescribers across Northern Ireland are carrying out dose optimisation of Lamotrigine and Lamictal® tablets.

## What is Dose Optimisation?

Some patients who are on a large number of Lamotrigine or Lamictal® tablets may be switched to a higher strength tablet to reduce the number of tablets that they have to take. The patient's total dose remains the same.

## Which patients will this affect?

Patients whose condition is stable on their current dose and who are prescribed multiple tablets of low dose Lamotrigine or Lamictal®. See examples below.

Previous Strength and dose	New strength and dose
Lamotrigine 25mg x 4 tablets	Lamotrigine 100mg x 1 tablet
Lamotrigine 50mg x 2 tablets	Lamotrigine 100mg x 1 tablet
Lamotrigine 50mg x 4 tablets	Lamotrigine 200mg x 1 tablet
Lamotrigine 100mg x 2 tablets	Lamotrigine 200mg x 1 tablet
Lamictal® 25mg x 4 tablets	Lamictal® 100mg x 1 tablet
Lamictal® 50mg x 2 tablets	Lamictal® 100mg x 1 tablet

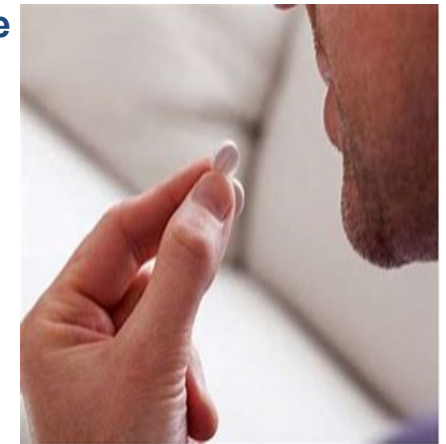


## Why is this change being made?

Instead of taking a lot of low strength tablets it is safer for patients to take a smaller number of higher strength tablets. The makers of Lamotrigine and Lamictal® tablets recommend this approach.

## Will I notice any difference in the control of my condition?

You should notice no difference at all as you will be receiving exactly the same overall dose of medication.



## Where can I go for further information?

If you have any further queries, speak to your GP practice or community pharmacist.