

HAY FEVER medications

Items
recommended
for patient
Self –Care

Get your hay fever medicines from your local pharmacy or retail outlet at low cost

Antihistamines (non-drowsy)

Loratadine	from £1.29 for 30 tablets	Available from pharmacies and other retail outlets
Cetirizine	from £1.29 for 30 tablets	

Steroid nasal sprays

Beclometasone nasal spray	from £4.99	Available in pharmacies and other retail outlets for adults
Fluticasone nasal spray	from £6.99	

Eye drops

Sodium cromoglicate eye drops	from £4.55	Available from pharmacies and other retail outlets
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You won't need a GP appointment or prescription—
just talk to your community pharmacist

If you take care of the little things, your health service can keep taking care of you.

