

Items are listed in approximate order of cost-efficiency. The top seven items listed below are associated with greatest efficiencies and should be prioritised by all practices in addition to the practice-specific list on page 5 of the COMPASS report. These should be considered for all new starts and for suitable existing patients.

Note: the cost-effective choice may not be suitable for all patients. Prescribers should refer to the SPC, the BNF/BNFC, and the relevant HSCB guidance / SOP / newsletter article before initiating or switching.

	Drug(s)		Cost-Effective Choice(s) (CEC)
1	Spiriva HandiHaler® / tiotropium dry powder inhaler	→	Low cost LAMA DPIs (Braltus Zonda®, Incruse Ellipta®, or Seebri Breezhaler®)
2	All dispersible PPIs tablets / sachets	→	Lansoprazole orodispersible tablets
3	Buprenorphine patches '5', '10', '15', '20'	→	Butec® patches '5', '10', '15', '20'
4	All quetiapine XL products	→	Biquelle® XL tablets
5	Gaviscon®, Gaviscon Advance®, Maalox®, Maalox Plus®	→	Peptac®
6	Loperamide orodispersible tablets	→	Loperamide capsules
7	Naproxen EC tablets	→	Naproxen tablets

Gastrointestinal	Asacol® / mesalazine MR 400mg/800mg	→	Octasa® 400mg/800mg tablets
	Gaviscon®, Gaviscon Advance®, Maalox®, Maalox Plus®	→	Peptac® liquid
	Movicol® paediatric 6.9g sachets	→	Laxido® paediatric plain 6.9g sachets
	Dicycloverine tablets	→	Mebeverine tablets
	Omeprazole gastro-resistant tablets	→	Omeprazole gastro-resistant capsules
	Loperamide orodispersible tablets	→	Loperamide capsules
	Proctosedyl® ointment	→	Uniroid HC® ointment or Anusol HC® ointment
Cardiovascular	Doxazosin XL tablets	→	Doxazosin immediate release (IR) tablets (doxazosin XL 4mg to IR 2mg tablets; doxazosin XL 8mg to IR 4mg tablets)
	Perindopril arginine	→	Perindopril erbumine / tert-butylamine
Respiratory	Steroid nasal sprays	→	Beclometasone 50mcg/dose nasal spray (200 dose) or Rhinocort Aqua® (budesonide 64mcg/dose nasal spray 120 dose) or mometasone 50mcg/dose nasal spray (140 dose)
	Levocetirizine / Xyzal® tablets 5mg	→	Cetirizine 10mg tablets
	Desloratadine / NeoClaritin® tablets 5mg	→	Loratadine 10mg tablets
Nervous system	Oxycodone MR / Oxycontin® tablets	→	Longtec® tablets
	Oxycodone IR / Oxynorm® capsules; oral liquids	→	Shortec® capsules and oral liquids
	All fentanyl patches	→	Mezolar Matrix® patches
	Galantamine prolonged release capsules	→	Gatalin XL® capsules
	Tramadol MR tablets / capsules	→	Maxitram® capsules
	Rizatriptan oral lyophilisate (Maxalt Melt®)	→	Zolmitriptan orodispersible (Zomig Rapimelt®)
	Eletriptan, frovatriptan	→	Sumatriptan / naratriptan / zolmitriptan
	Paracetamol 500mg/5ml suspension	→	Paracetamol 250mg/5ml suspension
	Nortriptyline 50mg tablets	→	Nortriptyline 2 x 25mg tablets
	Lamotrigine multiple tablets (e.g. 25mg x 4 tablets)*	→	Lamotrigine higher strength (e.g. 100mg x 1 tablet)
	Lamictal® multiple tablets (e.g. 25mg x 4 tablets)*	→	Lamictal® higher strength (e.g. 100mg x 1 tablet)
*Strengths of 5mg, 25mg, 50mg, 100mg should all be checked for dose optimisation. Please refer to newsletter for further details. Note: only switch patients who are stable on an established effective dose that controls seizures.			
Endocrine	DPP4 inhibitors (gliptins)	→	Alogliptin tablets
	Metformin MR tablets	→	Metformin IR tablets
Contraception, gynaecology, and urinary-tract disorders	Luteinizing hormone releasing hormone analogues	→	Decapeptyl® SR 3mg / 11.25mg / 22.5mg IM injections
	Tolterodine MR capsules	→	Neditol® XL capsules
	Monophasic standard strength combined oral contraceptive	→	Rigevidon®
	Monophasic low strength combined oral contraceptive	→	Gedarel 20/150® or Millinette 20/75®
	Progesterone only contraceptive	→	Cerelle®
Skin	Isopropyl myristate 15%, liquid paraffin 15% w/w, e.g. Doublebase® gel	→	MyriBase® gel
	Steripods® sodium chloride 20ml sachet	→	Irripod® sodium chloride 0.9% irrigation solution 20ml unit