


Reminder for all GP Practice staff : Inhaler Requests

When patients are re-ordering “combination inhalers”, please ensure that it is appropriate to issue another prescription for this item based on the daily dosing specified and the number of doses in the inhaler device

 COMBINATION INHALERS (Seretide®/Symbicort®/DuoResp® Spiromax®/Fostair®/ Flutiform®/Relvar® Ellipta®) Compliance Ready Reckoner		
Dosage Frequency	Number of doses	How long inhaler should last
1 puff once daily	120	120 days
1 puff daily	14	14 days
1 puff daily	30	30 days
1 puff daily	90 (3 x 30)	90 days
1 puff twice daily	120	60 days
2 puffs once daily	120	60 days
2 puffs twice daily	120	30 days
4 puffs twice daily	120	15 days
1 puff once daily	60	60 days
1 puff twice daily	60	30 days
2 puffs twice daily	60	15 days
Computer repeat-prescribing systems provide a useful index of compliance. [BTS/SIGN Patient Education and Self-Management.]		
This tool has been developed as a aid to be used by practice administrative staff to help identify those patients on combination inhalers (Seretide®/Symbicort®/ DuoResp® Spiromax®/Fostair®/ Flutiform®/Relvar® Ellipta®) who are over-ordering their medication		
References:		
1. BTS/SIGN British guideline on management of asthma, October 2014		