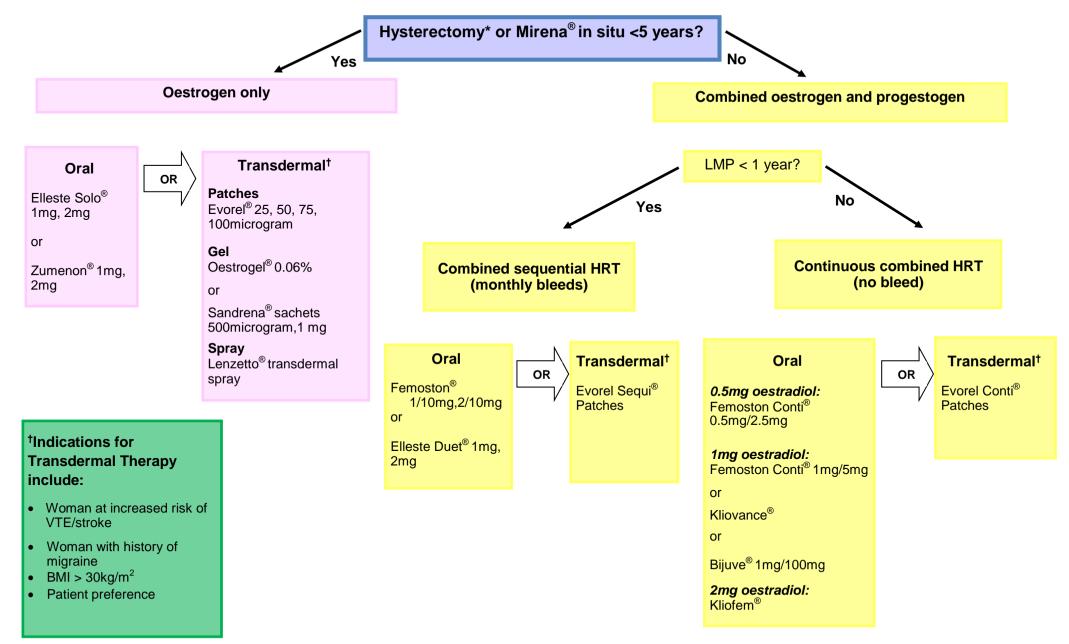
## **HRT Starting Treatment Guide**



\*Specialist advice on HRT regimen is required for women who have had a subtotal hysterectomy or who have a history of endometriosis.

Women with an early menopause (<45yrs), especially if surgically induced, are likely to benefit from the higher dose of oestrogen for bone protection even if the lower dose is adequate for symptom prevention. See NIF Prescribing Notes for further product information. Adjunctive use of micronised progestrerone (Utrogestan capsules) with oestrogen is an alternative treatment option for women requiring combined HRT where first line formulary choices are unsuitable—refer to <u>NI Formulary</u>. For topical vaginal oestrogen refer to <u>NI Formulary</u>.